

# August & September Breakfast Menu



St. Teresa of Calcutta School

Monday	Tuesday	Wednesday	Thursday	Friday
	<sup>22</sup> Blueberry Muffin, Fruit & Milk	<sup>23</sup> Cinnamon Roll, Fruit & Milk	<sup>24</sup> Apple Jacks Cereal Kit, Fruit & Milk	<sup>25</sup> Honey Wheat Breakfast Bar, Fresh Fruit & Milk
<sup>28</sup> Apple Roll, Fruit & Milk	<sup>29</sup> Blueberry Yogurt, Tiger Bites Grahams, Fruit & Milk	<sup>30</sup> Frosted Blueberry Shredded Wheat, Fruit & Milk	<sup>31</sup> Banana Bread, Fruit & Milk	<sup>9/1</sup> Chocolate Chip Muffin, Craisins, Fruit & Milk
<b>OFF</b> <i>No School: Labor Day</i>	<sup>5</sup> Blueberry Muffin, Fruit & Milk	<sup>6</sup> Vanilla Yogurt, Cinnamon Raisin Granola, Craisins, Fruit & Milk	<sup>7</sup> Cinnamon Toast Crunch Kit, Fruit & Milk	<sup>8</sup> Sweet Potato Swirl, Raisins, Fruit & Milk
<sup>11</sup> Peach Yogurt, Tiger Bite Grahams, Fruit & Milk	<sup>12</sup> Honey Cheerios, Fruit & Milk	<sup>13</sup> Cinnabar, Raisins, Fruit & Milk	<sup>14</sup> Chocolate Chip Muffin, Craisins, Fruit & Milk	<sup>15</sup> Cinnamon Chex, Raisins, Fruit & Milk
<sup>18</sup> Strawberry Banana Yogurt, Cinnamon Raisin Granola, Fruit & Milk	<sup>19</sup> Blueberry Muffin, Fruit & Milk	<sup>20</sup> Cinnamon Roll, Fruit & Milk	<sup>21</sup> Apple Jacks Cereal Kit, Fruit & Milk	<sup>22</sup> Honey Wheat Breakfast Bar, Fresh Fruit & Milk
<sup>25</sup> Apple Roll, Fruit & Milk	<sup>26</sup> Blueberry Yogurt, Tiger Bites Grahams, Fruit & Milk	<sup>27</sup> Frosted Blueberry Shredded Wheat, Fruit & Milk	<sup>28</sup> Banana Bread, Fruit & Milk	<sup>29</sup> Chocolate Chip Muffin, Craisins, Fruit & Milk

*Menu is subject to change based on product availability.  
This institution is an Equal Opportunity Provider.*

**Daily Milk Menu:** Plain  
1% Milk, Plain Skim  
Milk, Chocolate Milk

# August & September Pre-K Breakfast Menu



St. Teresa of Calcutta School

Monday	Tuesday	Wednesday	Thursday	Friday
	<sup>22</sup> Blueberry Muffin, Fruit & Milk	<sup>23</sup> Multigrain Cheerios, Fruit & Milk	<sup>24</sup> Apple Cinnamon Cheerios, Fruit & Milk	Banana Mini Muffin, Fresh Fruit & Milk
<sup>28</sup> Apple Roll, Fruit & Milk	<sup>29</sup> Blueberry Yogurt, Tiger Bites Grahams, Fruit & Milk	<sup>30</sup> Frosted Blueberry Shredded Wheat, Fruit & Milk	<sup>31</sup> Banana Mini Muffin, Fruit & Milk	<sup>9/1</sup> Chocolate Chip Muffin, Fruit & Milk
<b>OFF</b> <i>No School: Labor Day</i>	<sup>5</sup> Blueberry Muffin, Fruit & Milk	<sup>6</sup> Vanilla Yogurt, Tiger Bite Grahams, Fruit & Milk	<sup>7</sup> Cinnamon Toast Crunch, Fruit & Milk	<sup>8</sup> Corn Muffin, Fruit & Milk
<sup>11</sup> Peach Yogurt, Tiger Bite Grahams, Fruit & Milk	<sup>12</sup> Honey Cheerios, Fruit & Milk	<sup>13</sup> Frosted Strawberry Mini Wheats, Fruit & Milk	<sup>14</sup> Chocolate Chip Muffin, Fruit & Milk	<sup>15</sup> Cinnamon Chex, Fruit & Milk
<sup>18</sup> Strawberry Banana Yogurt, Tiger Bite Grahams, Fruit & Milk	<sup>19</sup> Blueberry Muffin, Fruit & Milk	<sup>20</sup> Multigrain Cheerios, Fruit & Milk	<sup>21</sup> Apple Cinnamon Cheerios, Fruit & Milk	<sup>22</sup> Banana Mini Muffin, Fresh Fruit & Milk
<sup>25</sup> Apple Roll, Fruit & Milk	<sup>26</sup> Blueberry Yogurt, Tiger Bites Grahams, Fruit & Milk	<sup>27</sup> Frosted Blueberry Shredded Wheat, Fruit & Milk	<sup>28</sup> Banana Mini Muffin, Fruit & Milk	<sup>29</sup> Chocolate Chip Muffin, Fruit & Milk


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**Daily Milk Menu:** Plain  
1% Milk, Plain Skim  
Milk, Chocolate Milk

# August & September Lunch Menu



St. Teresa of Calcutta School

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Daily alternate:</b> Sunbutter Sandwich with Goldfish Grahams & Cheese Stick <b>OR</b> Week of August 31: Ham and Cheese Sandwich Week of Sept 4: Italian Sub Week of Sept 11: Turkey and Cheese Sandwich Week of Sept 18: Bologna and Cheese Sandwich Week of Sept 25: Ham and Cheese Sandwich  <b>Daily Milk Menu:</b> Plain 1% Milk, Plain Skim Milk, Chocolate Milk			31 Mozzarella Sticks, Marinara Dipping Sauce, Green Beans, Fruit & Milk 	1 Crispy Chicken Sandwich with Ketchup & Spicy Mayo, Coleslaw, Fruit & Milk
<b>OFF</b>  <i>No school: Labor day</i>	5 Creamy Chicken Alfredo, Garlic Knot, Lemony Broccoli, Fruit & Milk	6 Cheeseburger with Lettuce & Tomato, Ketchup & Mustard, Chickpea Salad, Fruit & Milk	7 Chicken Mashed Potato Bowl, Chicken Gravy, Honey Glazed Carrots, Fruit & Milk	8 Turkey Meatball Sub, Tomato and Cucumber Salad, Fruit & Milk
11 Breaded Chicken Drumstick, Mashed Potatoes, Biscuit, Fruit & Milk	12 Grilled Cheese, Carrot Sticks & Ranch Dressing, Fruit & Milk	13 Sloppy Joe on a Bun, Side Salad with Italian Dressing, Fruit & Milk	14 Chicken and Waffles, Maple Syrup, Cucumber Salad, Fruit & Milk	15 Dominos Pizza, Fiesta Black Beans, Fruit & Milk
18 Hot Dog with Mustard & Ketchup, Vegetarian Baked Beans, Carrot Sticks & Ranch, Fruit & Milk	19 Chicken Nuggets with Sweet & Sour Sauce & Ketchup, Emoji Fries, Fruit & Milk	20 Cheese Ravioli with Marinara, Garlic Breadstick, Green Beans, Fruit & Milk	21 Creamy Chicken Dinner, Corn, Dinner Roll, Fruit & Milk	22 Sals Pepperoni Pizza, Garden Salad with Italian Dressing, Fruit & Milk
25 Mozzarella Sticks, Marinara Dipping Sauce, Celery Sticks, Ranch Dip, Fruit & Milk	26 Crispy Chicken Sandwich with Ketchup & Spicy Mayo, Coleslaw, Fruit & Milk	(Half Day) 27 Ham and Cheese Sandwich, Chickpea & Corn Salad, Fruit & Milk	28 American Chop Suey, Parmesan Garlic Broccoli, Fruit & Milk	29 Dominos Pizza, Baby Carrots, Ranch Dressing, Fruit & Milk

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