



1% Lowfat Milk	110	2.5	1.5	13	125	Chocolate Fat Free Milk	130	0	0	24	220	Fat Free Milk	80	0	0	13	125	Chocolate Fat Free Milk	130	0	0	24	220	1% Lowfat Milk	110	2.5	1.5	13
Chocolate Fat Free Milk	130	0	0	24	220	Fat Free Milk	80	0	0	13	125	Chocolate Fat Free Milk	130	0	0	13	125	Chocolate Fat Free Milk	130	0	0	24	220	Chocolate Fat Free Milk	130	0	0	24
Fat Free Milk	80	0	0	13	125													Fat Free Milk	80	0	0	13	125	Fat Free Milk	80	0	0	13
<b>30 Monday</b>	<b>Cals</b>	<b>TotFat (g)</b>	<b>SatFat (g)</b>	<b>Carbs (g)</b>	<b>Sod. (mg)</b>																							
<b>ENTREE</b>																												
Toasted Ravioli	210	3.5	1	34.5	312.5																							
<b>VEGETABLE</b>																												
Side Salad	20	0	0	4.5	2.5																							
<b>FRUIT</b>																												
Assorted Fresh Fruit	154	0.48	0.16	40.11	0																							
<b>MILK</b>																												
1% Lowfat Milk	110	2.5	1.5	13	125																							
Chocolate Fat Free Milk	130	0	0	24	220																							
Fat Free Milk	80	0	0	13	125																							

This institution is an equal opportunity provider.