

St. Teresa Breakfast (Pre-K), October - 2024

	1 Tuesday	2 Wednesday	3 Thursday	4 Friday
	GRAIN Corn Muffin FRUIT Assorted Fresh Fruit Raisins MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Tiger Bites (Original) FRUIT Applesauce Cup Assorted Fresh Fruit BREAKFAST Peach Yogurt MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Honey Cheerios (1oz) FRUIT Assorted Fresh Fruit Diced Pear Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Kix Cereal (1oz) FRUIT Assorted Fresh Fruit Cinnamon Applesauce Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk
7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday
GRAIN Chocolate Chip Muffin (1.8oz) FRUIT Assorted Fresh Fruit MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Cinnamon Chex (1oz) FRUIT Assorted Fresh Fruit MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Tiger Bites (Original) FRUIT Assorted Fresh Fruit Cinnamon Applesauce Cup BREAKFAST Strawberry Banana Yogurt MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Blueberry Muffin (1.8oz) FRUIT Assorted Fresh Fruit Diced Pear Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Multigrain Cheerios (1oz) FRUIT Assorted Fresh Fruit Peach Applesauce Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk
14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday
FRUIT Applesauce Cup Assorted Fresh Fruit BREAKFAST Apple Cinnamon Cheerios MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Honey Wheat Breakfast Bar FRUIT Assorted Fresh Fruit Mango Peach Applesauce Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Apple Roll FRUIT Assorted Fresh Fruit Cinnamon Applesauce Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Tiger Bites (Original) FRUIT Assorted Fresh Fruit Diced Pear Cup BREAKFAST Blueberry Yogurt MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Honey Cheerios (1oz) FRUIT Assorted Fresh Fruit Peach Applesauce Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
GRAIN Banana Bread FRUIT Diced Peach Cup Fresh Banana MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Chocolate Chip Muffin (1.8oz) FRUIT Fresh Pear MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	FRUIT Assorted Fresh Fruit Peach Applesauce Cup BREAKFAST Apple Cinnamon Cheerios MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Blueberry Muffin (1.8oz) FRUIT Assorted Fresh Fruit Diced Pear Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Granola Crispy Bites FRUIT Fresh Apple BREAKFAST Vanilla Yogurt MILK 1% Lowfat Milk Fat Free Milk

				Lactaid Milk
28 Monday	29 Tuesday	30 Wednesday	31 Thursday	
FRUIT Assorted Fresh Fruit MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk BREAKFAST Cinnamon Toast Crunch Cereal (1oz)	GRAIN Corn Muffin FRUIT Assorted Fresh Fruit Raisins MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Tiger Bites (Original) FRUIT Applesauce Cup Assorted Fresh Fruit BREAKFAST Peach Yogurt MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Honey Cheerios (1oz) FRUIT Assorted Fresh Fruit Diced Pear Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	

This institution is an equal opportunity provider.