

### St. Teresa Lunch (Pre-K), October - 2024

	<b>1 Tuesday</b>	<b>2 Wednesday</b>	<b>3 Thursday</b>	<b>4 Friday</b>
	<p><b>ENTREE</b> Chicken Nuggets</p> <p><b>VEGETABLE</b> Steamed Corn Waffle Fries</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>CONDIMENTS</b> Ketchup Mustard Packet Sweet and Sour Sauce Packet</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Enchilada Empanada</p> <p><b>VEGETABLE</b> Fiesta Black Beans</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Ham, Egg &amp; Cheese English Muffin</p> <p><b>VEGETABLE</b> Cucumber Coins Hash Brown Patty</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>CONDIMENTS</b> Ranch Dip</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Sal's Cheese Pizza</p> <p><b>VEGETABLE</b> Carrot Sticks</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>CONDIMENTS</b> Ranch Dip</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>
<b>7 Monday</b>	<b>8 Tuesday</b>	<b>9 Wednesday</b>	<b>10 Thursday</b>	<b>11 Friday</b>
<p><b>ENTREE</b> Mozzarella Sticks (PK-5)</p> <p><b>VEGETABLE</b> Green Beans</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>CONDIMENTS</b> Marinara Dip</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Crispy Chicken Sandwich</p> <p><b>VEGETABLE</b> Emoji Fries</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>CONDIMENTS</b> Ketchup Mayonnaise Packet</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Ham and Cheese Croissant</p> <p><b>VEGETABLE</b> Steamed Broccoli</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>CONDIMENTS</b> Mayonnaise Packet Mustard Packet</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> American Chop Suey</p> <p><b>GRAIN</b> Dinner Roll</p> <p><b>VEGETABLE</b> Honey Glazed Carrots</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Beef Taco</p> <p><b>VEGETABLE</b> Refried Beans Salsa</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>SIDE ITEM</b> Sour Cream</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>
<b>14 Monday</b>	<b>15 Tuesday</b>	<b>16 Wednesday</b>	<b>17 Thursday</b>	<b>18 Friday</b>
<p><b>ENTREE</b> Cheeseburger</p> <p><b>VEGETABLE</b> Celery Sticks</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>CONDIMENTS</b> Ketchup Mayonnaise Packet Mustard Packet</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Chicken Mashed Potato Bowl</p> <p><b>VEGETABLE</b> Steamed Corn</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Grilled Cheese</p> <p><b>VEGETABLE</b> Carrot Sticks Tomato Soup, Campbell's Low Sodium</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Cheese Ravioli</p> <p><b>GRAIN</b> Garlic Knot</p> <p><b>VEGETABLE</b> Side Salad</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>CONDIMENTS</b> Italian Packet</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Sal's Pepperoni Pizza</p> <p><b>VEGETABLE</b> Chickpea Salad</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>
<b>21 Monday</b>	<b>22 Tuesday</b>	<b>23 Wednesday</b>	<b>24 Thursday</b>	<b>25 Friday</b>

<p><b>ENTREE</b> Chicken Nuggets (Pre-K)</p> <p><b>GRAIN</b> Dinner Roll</p> <p><b>VEGETABLE</b> Mashed Potatoes</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Grilled Cheese</p> <p><b>VEGETABLE</b> Carrot Sticks Vegetarian Baked Beans</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Max Stix</p> <p><b>VEGETABLE</b> Celery Sticks</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>CONDIMENTS</b> Marinara Dip Ranch Dip</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Creamy Chicken Alfredo</p> <p><b>GRAIN</b> Garlic Breadstick</p> <p><b>VEGETABLE</b> Steamed Broccoli</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Turkey Meatball Sub</p> <p><b>VEGETABLE</b> Waffle Fries</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>CONDIMENTS</b> Ketchup</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>
<p><b>28</b> <b>Monday</b></p>	<p><b>29</b> <b>Tuesday</b></p>	<p><b>30</b> <b>Wednesday</b></p>	<p><b>31</b> <b>Thursday</b></p>	
<p><b>ENTREE</b> Toasted Ravioli</p> <p><b>VEGETABLE</b> Side Salad</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Chicken Nuggets</p> <p><b>VEGETABLE</b> Steamed Corn Waffle Fries</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>CONDIMENTS</b> Ketchup Mustard Packet Sweet and Sour Sauce Packet</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Enchilada Empanada</p> <p><b>VEGETABLE</b> Fiesta Black Beans</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	<p><b>ENTREE</b> Ham, Egg &amp; Cheese English Muffin</p> <p><b>VEGETABLE</b> Cucumber Coins Hash Brown Patty</p> <p><b>FRUIT</b> Assorted Fresh Fruit</p> <p><b>CONDIMENTS</b> Ranch Dip</p> <p><b>MILK</b> 1% Lowfat Milk Chocolate Fat Free Milk Fat Free Milk</p>	

This institution is an equal opportunity provider.