

St. Teresa
Breakfast (Main Meals), November - 2024

				1 Friday GRAIN Cinnabar FRUIT Assorted Fresh Fruit Cinnamon Applesauce Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk
4 Monday GRAIN Chocolate Chip Muffin (3.6oz) FRUIT Assorted Fresh Fruit Craisins MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	5 Tuesday GRAIN Cinnamon Chex (2oz) FRUIT Assorted Fresh Fruit Raisins MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	6 Wednesday GRAIN Granola Crispy Bites FRUIT Assorted Fresh Fruit Cinnamon Applesauce Cup BREAKFAST Strawberry Banana Yogurt MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	7 Thursday GRAIN Blueberry Muffin (3.6oz) FRUIT Assorted Fresh Fruit Diced Pear Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	8 Friday GRAIN Cinnamon Roll FRUIT Assorted Fresh Fruit Peach Applesauce Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk
11 Monday FRUIT Applesauce Cup Assorted Fresh Fruit MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk BREAKFAST Apple Jack's Cereal Kit	12 Tuesday GRAIN Honey Wheat Breakfast Bar FRUIT Assorted Fresh Fruit Mango Peach Applesauce Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	13 Wednesday GRAIN Apple Roll FRUIT Assorted Fresh Fruit Cinnamon Applesauce Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	14 Thursday GRAIN Tiger Bites (Original) FRUIT Assorted Fresh Fruit Diced Pear Cup BREAKFAST Blueberry Yogurt MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	15 Friday GRAIN Lucky Charms FRUIT Assorted Fresh Fruit Peach Applesauce Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk
18 Monday GRAIN Banana Bread FRUIT Diced Peach Cup Fresh Banana MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	19 Tuesday GRAIN Chocolate Chip Muffin (3.6oz) FRUIT Craisins Fresh Pear MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	20 Wednesday GRAIN Coco Puffs Cereal Kit FRUIT Assorted Fresh Fruit Peach Applesauce Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	21 Thursday GRAIN Blueberry Muffin (3.6oz) FRUIT Assorted Fresh Fruit Diced Pear Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	22 Friday GRAIN Granola Crispy Bites FRUIT Craisins Fresh Apple BREAKFAST Vanilla Yogurt MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk

25 Monday	26 Tuesday	27 Wednesday	28 Thursday	29 Friday
FRUIT Assorted Fresh Fruit BREAKFAST Cinnamon Toast Crunch Cereal Kit MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Sweet Potato Swirl FRUIT Assorted Fresh Fruit Raisins MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Tiger Bites (Original) FRUIT Applesauce Cup Assorted Fresh Fruit BREAKFAST Peach Yogurt MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Honey Cheerios (2oz) FRUIT Assorted Fresh Fruit Diced Pear Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk	GRAIN Cinnabar FRUIT Assorted Fresh Fruit Cinnamon Applesauce Cup MILK 1% Lowfat Milk Fat Free Milk Lactaid Milk

This institution is an equal opportunity provider.