

St. Teresa

Breakfast (St. Teresa), November - 2025

3 Monday GRAIN - Honey Cheerios (2oz) FRUIT - Craisins - Peach Applesauce Cup MILK 1% Lowfat Milk - Fat Free Milk	4 Tuesday GRAIN - French Toast Sticks IW FRUIT - Fresh Apple - Mandarin Oranges MILK 1% Lowfat Milk - Fat Free Milk	5 Wednesday GRAIN - Food and Nutrition Grahams FRUIT - Fresh Pear - Strawberry Applesauce MILK 1% Lowfat Milk - Fat Free Milk	6 Thursday GRAIN - Honey Wheat Bagel FRUIT - Fresh Banana - Fruit Cocktail CONDIMENTS - Cream Cheese MILK 1% Lowfat Milk - Fat Free Milk	7 Friday GRAIN - Cinnamon Roll FRUIT - Diced Peach Cup - Fresh Clementine MILK 1% Lowfat Milk - Fat Free Milk
10 Monday ENTREE - Beefy Breakfast Pizza FRUIT - Fresh Pear - Mandarin Oranges MILK 1% Lowfat Milk - Fat Free Milk	11 Tuesday GRAIN - Cinnamon Chex (2oz) FRUIT - Applesauce Cup - Diced Peach Cup MILK 1% Lowfat Milk - Fat Free Milk	12 Wednesday ENTREE - Egg & Cheese on an English Muffin FRUIT - Fresh Banana - Pineapple Chunks MILK 1% Lowfat Milk - Fat Free Milk	13 Thursday GRAIN - Sweet Potato Swirl FRUIT - Fresh Apple - Fruit Cocktail MILK 1% Lowfat Milk - Fat Free Milk	14 Friday FRUIT - Fresh Clementine - Raisins MILK 1% Lowfat Milk - Fat Free Milk
17 Monday GRAIN - Cinnamon Toast Crunch (2 oz) FRUIT - Applesauce Cup - Craisins MILK 1% Lowfat Milk - Fat Free Milk	18 Tuesday ENTREE - Egg & Cheese on an English Muffin FRUIT - Fresh Pear - Fruit Cocktail MILK 1% Lowfat Milk - Fat Free Milk	19 Wednesday GRAIN - Food and Nutrition Grahams FRUIT - Diced Peach Cup - Fresh Clementine MILK 1% Lowfat Milk - Fat Free Milk	20 Thursday GRAIN - French Toast Sticks IW FRUIT - Fresh Banana - Mango Peach Applesauce Cup MILK 1% Lowfat Milk - Fat Free Milk	21 Friday GRAIN - Honey Wheat Bagel FRUIT - Fresh Apple - Raisins CONDIMENTS - Cream Cheese MILK 1% Lowfat Milk - Fat Free Milk
24 Monday ENTREE - Country White Gravy Beefy Breakfast Pizza FRUIT - Craisins - Mandarin Oranges MILK 1% Lowfat Milk - Fat Free Milk	25 Tuesday FRUIT - Cinnamon Applesauce Cup - Raisins MILK 1% Lowfat Milk - Fat Free Milk	26 Wednesday GRAIN - Banana Muffin (1.8 oz) FRUIT - Diced Pear Cup - Fresh Clementine MILK 1% Lowfat Milk - Fat Free Milk	27 Thursday GRAIN - Apple Roll FRUIT - Fresh Apple - Pineapple Chunks MILK 1% Lowfat Milk - Fat Free Milk	28 Friday ENTREE - Chicken Sausage and Cheese Waffle Sandwich FRUIT - Fresh Banana - Strawberry Applesauce MILK 1% Lowfat Milk - Fat Free Milk

This institution is an equal opportunity provider.