St. Teresa Breakfast (St. Teresa), November - 2025

2	4	_	(7
3	4	5	6	7
Monday	Tuesday	Wednesday	Thursday	Friday
GRAIN	GRAIN	GRAIN	GRAIN	GRAIN
Honey Cheerios (2oz)	French Toast Sticks IW	Food and Nutrition	Honey Wheat Bagel	Cinnamon Roll
FRUIT	FRUIT	Grahams	FRUIT	FRUIT
 Craisins Peach Applesauce Cup	Fresh AppleMandarin Oranges	FRUIT • Fresh Pear	Fresh BananaFruit Cocktail	Diced Peach CupFresh Clementine
Peach Applesauce Cup MILK	MILK	Strawberry Applesauce	CONDIMENTS	MILK
• 1% Lowfat Milk	• 1% Lowfat Milk	MILK	Cream Cheese	• 1% Lowfat Milk
Fat Free Milk	Fat Free Milk	1% Lowfat Milk	MILK	• Fat Free Milk
		Fat Free Milk	• 1% Lowfat Milk	
			Fat Free Milk	
10	11	12	13	14
Monday	Tuesday	Wednesday	Thursday	Friday
	_			
ENTREE Deafa Decalate at Disease	GRAIN	ENTREE	GRAIN • Sweet Potato Swirl	FRUIT • Fresh Clementine
Beefy Breakfast Pizza FRUIT	• Cinnamon Chex (2oz) FRUIT	Egg & Cheese on an English Muffin	FRUIT	 Fresh Clementine Raisins
Fresh Pear	Applesauce Cup	FRUIT	Fresh Apple	MILK
Mandarin Oranges	Diced Peach Cup	Fresh Banana	Fruit Cocktail	• 1% Lowfat Milk
MILK	MILK	Pineapple Chunks	MILK	• Fat Free Milk
1% Lowfat Milk	• 1% Lowfat Milk	MILK	• 1% Lowfat Milk	
Fat Free Milk	 Fat Free Milk 	• 1% Lowfat Milk	 Fat Free Milk 	
		Fat Free Milk		
17	18	19	20	21
Monday	Tuesday	Wednesday	Thursday	Friday
GRAIN	ENTREE	GRAIN	GRAIN	GRAIN
Cinnamon Toast Crunch (2)	Egg & Cheese on an	Food and Nutrition	French Toast Sticks	Honey Wheat Bagel
oz)	English Muffin	Grahams	IW	FRUIT
FRUIT	FRUIT	FRUIT	FRUIT	F 1 A 1
Applesauce Cup			_	Fresh Apple
	Fresh Pear	Diced Peach Cup	Fresh Banana	• Raisins
• Craisins	Fruit Cocktail	Diced Peach CupFresh Clementine	Fresh BananaMango Peach	• Raisins CONDIMENTS
• Craisins MILK	Fruit Cocktail MILK	Diced Peach Cup Fresh Clementine MILK	Fresh Banana Mango Peach Applesauce Cup	RaisinsCONDIMENTSCream Cheese
CraisinsMILK1% Lowfat Milk	Fruit CocktailMILK1% Lowfat Milk	 Diced Peach Cup Fresh Clementine MILK 1% Lowfat Milk 	Fresh Banana Mango Peach Applesauce Cup MILK	RaisinsCONDIMENTSCream CheeseMILK
• Craisins MILK	Fruit Cocktail MILK	Diced Peach Cup Fresh Clementine MILK	Fresh Banana Mango Peach Applesauce Cup	RaisinsCONDIMENTSCream Cheese
 Craisins MILK 1% Lowfat Milk Fat Free Milk 	 Fruit Cocktail MILK 1% Lowfat Milk Fat Free Milk 	 Diced Peach Cup Fresh Clementine MILK 1% Lowfat Milk Fat Free Milk 	 Fresh Banana Mango Peach	 Raisins CONDIMENTS Cream Cheese MILK 1% Lowfat Milk Fat Free Milk
 Craisins MILK 1% Lowfat Milk Fat Free Milk 	 Fruit Cocktail MILK 1% Lowfat Milk Fat Free Milk 	 Diced Peach Cup Fresh Clementine MILK 1% Lowfat Milk Fat Free Milk 	 Fresh Banana Mango Peach	 Raisins CONDIMENTS Cream Cheese MILK 1% Lowfat Milk Fat Free Milk
 Craisins MILK 1% Lowfat Milk Fat Free Milk 24 Monday	 Fruit Cocktail MILK 1% Lowfat Milk Fat Free Milk 25 Tuesday	 Diced Peach Cup Fresh Clementine MILK 1% Lowfat Milk Fat Free Milk 26 Wednesday	 Fresh Banana Mango Peach	 Raisins CONDIMENTS Cream Cheese MILK 1% Lowfat Milk Fat Free Milk 28 Friday
 Craisins MILK 1% Lowfat Milk Fat Free Milk 24 Monday ENTREE	 Fruit Cocktail MILK 1% Lowfat Milk Fat Free Milk 25 Tuesday FRUIT	 Diced Peach Cup Fresh Clementine MILK 1% Lowfat Milk Fat Free Milk 26 Wednesday GRAIN	 Fresh Banana Mango Peach	 Raisins CONDIMENTS Cream Cheese MILK 1% Lowfat Milk Fat Free Milk 28 Friday ENTREE
 Craisins MILK 1% Lowfat Milk Fat Free Milk 24 Monday	 Fruit Cocktail MILK 1% Lowfat Milk Fat Free Milk 25 Tuesday	 Diced Peach Cup Fresh Clementine MILK 1% Lowfat Milk Fat Free Milk 26 Wednesday	 Fresh Banana Mango Peach	 Raisins CONDIMENTS Cream Cheese MILK 1% Lowfat Milk Fat Free Milk 28 Friday
 Craisins MILK 1% Lowfat Milk Fat Free Milk 24 Monday ENTREE Country White Gravy Beefy Breakfast Pizza FRUIT	 Fruit Cocktail MILK 1% Lowfat Milk Fat Free Milk 25 Tuesday FRUIT Cinnamon Applesauce 	 Diced Peach Cup Fresh Clementine MILK 1% Lowfat Milk Fat Free Milk 26 Wednesday GRAIN Banana Muffin (1.8 oz) FRUIT Diced Pear Cup 	 Fresh Banana Mango Peach Applesauce Cup MILK 1% Lowfat Milk Fat Free Milk 27 Thursday GRAIN Apple Roll 	 Raisins CONDIMENTS Cream Cheese MILK 1% Lowfat Milk Fat Free Milk 28 Friday ENTREE Chicken Sausage and Cheese
 Craisins MILK 1% Lowfat Milk Fat Free Milk 24 Monday ENTREE Country White Gravy Beefy Breakfast Pizza FRUIT Craisins 	 Fruit Cocktail MILK 1% Lowfat Milk Fat Free Milk 25 Tuesday FRUIT Cinnamon Applesauce Cup Raisins MILK 	 Diced Peach Cup Fresh Clementine MILK 1% Lowfat Milk Fat Free Milk 26 Wednesday GRAIN Banana Muffin (1.8 oz) FRUIT Diced Pear Cup Fresh Clementine 	 Fresh Banana Mango Peach Applesauce Cup MILK 1% Lowfat Milk Fat Free Milk 27 Thursday GRAIN Apple Roll FRUIT Fresh Apple Pineapple Chunks 	 Raisins CONDIMENTS Cream Cheese MILK 1% Lowfat Milk Fat Free Milk 28 Friday ENTREE Chicken Sausage and Cheese Waffle Sandwich FRUIT Fresh Banana
 Craisins MILK 1% Lowfat Milk Fat Free Milk 24 Monday ENTREE Country White Gravy Beefy Breakfast Pizza FRUIT Craisins Mandarin Oranges 	 Fruit Cocktail MILK 1% Lowfat Milk Fat Free Milk 25 Tuesday FRUIT Cinnamon Applesauce Cup Raisins MILK 1% Lowfat Milk 	Diced Peach Cup Fresh Clementine MILK 1% Lowfat Milk Fat Free Milk 26 Wednesday GRAIN Banana Muffin (1.8 oz) FRUIT Diced Pear Cup Fresh Clementine MILK	 Fresh Banana Mango Peach Applesauce Cup MILK 1% Lowfat Milk Fat Free Milk 27 Thursday GRAIN Apple Roll FRUIT Fresh Apple Pineapple Chunks MILK 	 Raisins CONDIMENTS Cream Cheese MILK 1% Lowfat Milk Fat Free Milk 28 Friday ENTREE Chicken Sausage and Cheese Waffle Sandwich FRUIT Fresh Banana Strawberry Applesauce
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This institution is an equal opportunity provider.