

# St. Teresa

## Breakfast (St. Teresa), December - 2025

<b>1</b> <b>Monday</b> <b>GRAIN</b> <ul style="list-style-type: none"> <li>Honey Cheerios (2oz)</li> </ul> <b>FRUIT</b> <ul style="list-style-type: none"> <li>Craisins</li> <li>Peach Applesauce Cup</li> </ul> <b>MILK</b> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Fat Free Milk</li> </ul>	<b>2</b> <b>Tuesday</b> <b>GRAIN</b> <ul style="list-style-type: none"> <li>French Toast Sticks IW</li> </ul> <b>FRUIT</b> <ul style="list-style-type: none"> <li>Fresh Apple</li> <li>Mandarin Oranges</li> </ul> <b>MILK</b> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Fat Free Milk</li> </ul>	<b>3</b> <b>Wednesday</b> <b>GRAIN</b> <ul style="list-style-type: none"> <li>Food and Nutrition Grahams</li> </ul> <b>FRUIT</b> <ul style="list-style-type: none"> <li>Fresh Pear</li> <li>Strawberry Applesauce</li> </ul> <b>MILK</b> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Fat Free Milk</li> </ul>	<b>4</b> <b>Thursday</b> <b>GRAIN</b> <ul style="list-style-type: none"> <li>Honey Wheat Bagel</li> </ul> <b>FRUIT</b> <ul style="list-style-type: none"> <li>Fresh Banana</li> <li>Fruit Cocktail</li> </ul> <b>CONDIMENTS</b> <ul style="list-style-type: none"> <li>Cream Cheese</li> </ul> <b>MILK</b> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Fat Free Milk</li> </ul>	<b>5</b> <b>Friday</b> <b>GRAIN</b> <ul style="list-style-type: none"> <li>Cinnamon Roll</li> </ul> <b>FRUIT</b> <ul style="list-style-type: none"> <li>Diced Peach Cup</li> <li>Fresh Clementine</li> </ul> <b>MILK</b> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Fat Free Milk</li> </ul>
<b>8</b> <b>Monday</b> <b>ENTREE</b> <ul style="list-style-type: none"> <li>Beefy Breakfast Pizza</li> </ul> <b>FRUIT</b> <ul style="list-style-type: none"> <li>Fresh Pear</li> <li>Mandarin Oranges</li> </ul> <b>MILK</b> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Fat Free Milk</li> </ul>	<b>9</b> <b>Tuesday</b> <b>GRAIN</b> <ul style="list-style-type: none"> <li>Cinnamon Chex (2oz)</li> </ul> <b>FRUIT</b> <ul style="list-style-type: none"> <li>Applesauce Cup</li> <li>Diced Peach Cup</li> </ul> <b>MILK</b> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Fat Free Milk</li> </ul>	<b>10</b> <b>Wednesday</b> <b>ENTREE</b> <ul style="list-style-type: none"> <li>Egg &amp; Cheese on an English Muffin</li> </ul> <b>FRUIT</b> <ul style="list-style-type: none"> <li>Fresh Banana</li> <li>Pineapple Chunks</li> </ul> <b>MILK</b> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Fat Free Milk</li> </ul>	<b>11</b> <b>Thursday</b> <b>GRAIN</b> <ul style="list-style-type: none"> <li>Sweet Potato Swirl</li> </ul> <b>FRUIT</b> <ul style="list-style-type: none"> <li>Fresh Apple</li> <li>Fruit Cocktail</li> </ul> <b>MILK</b> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Fat Free Milk</li> </ul>	<b>12</b> <b>Friday</b> <b>FRUIT</b> <ul style="list-style-type: none"> <li>Fresh Clementine</li> <li>Raisins</li> </ul> <b>MILK</b> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Fat Free Milk</li> </ul>
<b>15</b> <b>Monday</b> <b>GRAIN</b> <ul style="list-style-type: none"> <li>Cinnamon Toast Crunch (2 oz)</li> </ul> <b>FRUIT</b> <ul style="list-style-type: none"> <li>Applesauce Cup</li> <li>Craisins</li> </ul> <b>MILK</b> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Fat Free Milk</li> </ul>	<b>16</b> <b>Tuesday</b> <b>ENTREE</b> <ul style="list-style-type: none"> <li>Egg &amp; Cheese on an English Muffin</li> </ul> <b>FRUIT</b> <ul style="list-style-type: none"> <li>Fresh Pear</li> <li>Fruit Cocktail</li> </ul> <b>MILK</b> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Fat Free Milk</li> </ul>	<b>17</b> <b>Wednesday</b> <b>GRAIN</b> <ul style="list-style-type: none"> <li>Food and Nutrition Grahams</li> </ul> <b>FRUIT</b> <ul style="list-style-type: none"> <li>Diced Peach Cup</li> <li>Fresh Clementine</li> </ul> <b>MILK</b> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Fat Free Milk</li> </ul>	<b>18</b> <b>Thursday</b> <b>GRAIN</b> <ul style="list-style-type: none"> <li>French Toast Sticks IW</li> </ul> <b>FRUIT</b> <ul style="list-style-type: none"> <li>Fresh Banana</li> <li>Mango Peach Applesauce Cup</li> </ul> <b>MILK</b> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Fat Free Milk</li> </ul>	<b>19</b> <b>Friday</b> <b>GRAIN</b> <ul style="list-style-type: none"> <li>Honey Wheat Bagel</li> </ul> <b>FRUIT</b> <ul style="list-style-type: none"> <li>Fresh Apple</li> <li>Raisins</li> </ul> <b>CONDIMENTS</b> <ul style="list-style-type: none"> <li>Cream Cheese</li> </ul> <b>MILK</b> <ul style="list-style-type: none"> <li>1% Lowfat Milk</li> <li>Fat Free Milk</li> </ul>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>