St. Teresa

Breakfast November - 2026 -

Monday	Tuesday	Wednesday	Thursday	Friday
2 ENTREE • Strawberry Pancake Bowl FRUIT • Assorted Fresh Fruit • Tropical Fruit Cup	**3** GRAIN • Sticky Cinnamon FRUIT • Apple Juice • Assorted Fresh Fruit	**4** GRAIN • Banana Bread FRUIT • Assorted Fresh Fruit • Strawberry Fruit Cup	**5** GRAIN • French Toast Sticks IW FRUIT • Assorted Fresh Fruit • Fresh Apple	**6** GRAIN • Blueberry Muffin (3.6oz) FRUIT • Assorted Fresh Fruit • Grape Juice
9 GRAIN • Honey Cheerios (2oz) FRUIT • Assorted Fresh Fruit • Fruit Punch Juice Box	**10** ENTREE • Glazed Cinnamon Bun FRUIT • Apple Slices • Assorted Fresh Fruit	**11**	**12** GRAIN • Cinnamon Toast Crunch (2 oz) FRUIT • Assorted Fresh Fruit • Orange Tangerine Juice	**13** GRAIN • French Toast Sticks IW FRUIT • Assorted Fresh Fruit • Diced Peach Cup
16 FRUIT • Assorted Fresh Fruit • Strawberry Applesauce BREAKFAST • Glazed Donut Sticks	**17** GRAIN • Cinnamon Chex (2oz) FRUIT • Apple Juice • Assorted Fresh Fruit	**18** GRAIN • French Toast Sticks IW FRUIT • Assorted Fresh Fruit • Fresh Banana	**19** FRUIT • Assorted Fresh Fruit • Strawberry Kiwi Juice BREAKFAST • Pumpkin Bread	**20** GRAIN • Chocolate Chip Muffin (3.6oz) FRUIT • Assorted Fresh Fruit • Diced Pear Cup
23 GRAIN • Cinnamon Toast Crunch (2 oz) FRUIT • Applesauce Cup • Assorted Fresh Fruit	**24** ENTREE • Hard Boiled Egg GRAIN • Corn Muffin FRUIT • Assorted Fresh Fruit • Orange Tangerine Juice	**25** ENTREE • Strawberry Banana Smoothie Cup FRUIT • Assorted Fresh Fruit • Fresh Pear	**26** GRAIN • French Toast Sticks IW FRUIT • Assorted Fresh Fruit • Fresh Banana	**27** ENTREE • Glazed Cinnamon Bun FRUIT • Assorted Fresh Fruit • Strawberry Kiwi Juice
30 ENTREE • Strawberry Pancake Bowl FRUIT • Assorted Fresh Fruit • Tropical Fruit Cup				

This institution is an equal opportunity provider.

St. Teresa

Lunch November - 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 **ENTREE** • Chicken Tenders **VEGETABLE** • Spinach Salad **FRUIT** • Applesauce Cup • Assorted Fresh Fruit	**3** **ENTREE** • Cheeseburger **VEGETABLE** • Sweet Potato Fries **FRUIT** • Assorted Fresh Fruit • Mandarin Oranges	**4** **ENTREE** • Chicken Nuggets **VEGETABLE** • Emoji Fries **FRUIT** • Assorted Fresh Fruit • Sliced Peaches	**5** **ENTREE** • Shepherd's Pie (PK-5) **GRAIN** • Garlic Breadstick **VEGETABLE** • Celery Sticks **FRUIT** • Assorted Fresh Fruit • Canned Diced Pears	**6** **ENTREE** • Mac Stix **VEGETABLE** • Garlicy Chickpeas **FRUIT** • Assorted Fresh Fruit • Cinnamon Apples
9 **ENTREE** • Beef Meatball Sub **VEGETABLE** • Honey Glazed Carrots **FRUIT** • Assorted Fresh Fruit • Fresh Apple	**10** **ENTREE** • Homemade Chicken Mac & Cheese **VEGETABLE** • Cucumber Coins **FRUIT** • Assorted Fresh Fruit • Fresh Orange Slices	**11**	**12** **ENTREE** • Orange Chicken and Rice **VEGETABLE** • Ranchero Chickpeas **FRUIT** • Assorted Fresh Fruit • Fresh Banana	**13** **ENTREE** • Cheese Pizza Quesadilla **VEGETABLE** • Elote Corn Salad **FRUIT** • Assorted Fresh Fruit • Fresh Clementine
16 **ENTREE** • Wild Mikes Pepperoni Pizza **VEGETABLE** • Ranchero Chickpeas **FRUIT** • Applesauce Cup • Assorted Fresh Fruit	**17** **ENTREE** • Deluxe Crispy Chicken Sandwich **VEGETABLE** • Steamed Corn **FRUIT** • Assorted Fresh Fruit • Mandarin Oranges	**18** **ENTREE** • Mozzarella Rippinz **VEGETABLE** • Lemony Broccoli **FRUIT** • Assorted Fresh Fruit • Sliced Peaches	**19** **ENTREE** • Cajun Chicken Pasta **GRAIN** • Garlic Breadstick **VEGETABLE** • Celery Sticks **FRUIT** • Assorted Fresh Fruit • Canned Diced Pears	**20** **ENTREE** • Mozzarella Sticks (PK-5) **VEGETABLE** • Carrot Sticks **FRUIT** • Assorted Fresh Fruit • Cinnamon Apples
23 **ENTREE** • Cheeseburger **VEGETABLE** • Emoji Fries **FRUIT** • Apple Slices • Assorted Fresh Fruit	**24** **ENTREE** • Chicken Mashed Potato Bowl **VEGETABLE** • Parmesan Garlic Broccoli **FRUIT** • Assorted Fresh Fruit • Fresh Orange Slices	**25** **ENTREE** • Walking Taco **VEGETABLE** • Refried Beans • Salsa **FRUIT** • Assorted Fresh Fruit • Diced Pear Cup	**26** **ENTREE** • Three Bite Sample (Corn Dog, Street Corn & Pizza Bites) **VEGETABLE** • Carrot Sticks **FRUIT** • Assorted Fresh Fruit • Fresh Banana	**27** **ENTREE** • Grilled Cheese **VEGETABLE** • Cucumber Coins **FRUIT** • Assorted Fresh Fruit • Fresh Clementine
30 **ENTREE** • Crispy Chicken Sandwich **VEGETABLE** • Sweet Potato Fries **FRUIT** • Applesauce Cup • Assorted Fresh Fruit				

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